

# AMHL – Return to Play Town Hall October 13, 2020

## Agenda

- Welcome & Introduction
- **Return to Play COVID Protocols** 
  - Overall expectations (Players and Participants)
  - Before Arrival During After
- Online Screening Tool
- □ FAQ



# UPDATE

## Calvin Bulbrook, AMHL President





## **General Requirements**

- Anyone displaying any COVID-19 symptoms (as outlined by public health at the time), or those who have returned from travel to another province/country within the last 14 days, may not participate or enter a City of Hamilton facility.
- There is a zero-tolerance policy for violation of physical distancing requirements. Any participant, volunteer, parent/guardian who fails to adhere to protocols and physical distancing requirements set forth by the AMHL/City of Hamilton will be required to immediately leave and no refunds will be offer for the programs.
- Water bottles must be filled at home and labeled with the player's name. The sharing of water bottles is prohibited.
- One parent/guardian per player during designated ice times





### Before

- Participants will be required to complete the online screening prior to arrival & will be screened upon entry to the arena (selfassessment, then confirmed by a AMHL volunteer)
- Participants who have been diagnosed with COVID-19 will require clearance prior to being permitted inside a City of Hamilton facility.
- If a participant is experiencing symptoms or feeling unwell, they should not attend. Instead, please contact the teams Trainer who will direct you to the proper protocol.
- If a participant displays symptoms of not feeling well while on the ice, program staff will and should immediately ask them to leave the ice and follow the proper protocol.
- Participants with seasonal allergies or other underlying conditions (e.g. Asthma) which may cause some symptoms consistent with COVID-19 to be displayed (e.g. cough, runny nose, etc.) should notify program staff in advance and follow safety protocols (cough into arm, not hands). Where possible, the trainers should ask for this information at time of registration.
- Participants will be expected to arrive fully dressed, other than: gloves, helmet, skates.



### Arriving at the rink

- Participants and spectators will always be required to wear masks while inside the facility.
- Parking For Morgan A (side 1) you are to park out the back & for Morgan B (side 2) please park out front.
- Please remember you are only allowed entry into the rink <u>15 minutes</u> ahead of time. The team will line up together outside then enter into the facility at the same time. Late participants will not be permitted access.
- □ There will be designated stations to tie skates
- Maximum of 25 spectators = 1 parent/guardian per participant and must always maintain social distancing. Stations will be marked for spectators with an X (no seating).
- Once a spectator enters the facility, they can leave but cannot come back in and are asked to use the marked in and out entry points indicated at the arena.
- □ Spectators will be screened by City of Hamilton staff upon entry into the facility.
- Participants will be screened via program volunteers confirming no symptoms have changed since completing the online screening prior to arrival





### During

- All activities are to be designed to ensure physical distancing (maintaining a 6 foot or 2-meter distance between each participant).
- Participants will remove their masks prior to putting on helmet
- Ice time will consist of a full 60 minutes and teams must be ready to step off the ice at the end of the 60-minute mark.
- Any player who becomes ill or exhibits possible COVID-19 symptoms during an activity, must immediately stop, leave the playing surface, and wear a mask until they are able to leave the facility (as soon as possible). Coaches/adult supervisors must report this as an incident to the coach/instructor/trainer and the AMHL, along with any action taken.
- No use of soft/hard divider boards
- Participant water bottles must be clearly labelled with names and left in the spot indicated by program staff.
- Once a spectator comes in they can leave but cannot come back in and are asked to use the marked in and out entry's of the arena





### After

- Coaches will indicate session end times to all participants. At the end of each session: 1. Participants must STOP and maintain their distance from all others 2. Participants will be directed when and where to exit the playing surface and must return to collect outdoor footwear and change (e.g. remove skates and helmet, indoor shoes, etc.). 3. Participants and parent/guardians must always maintain physical distancing (maintaining a 6 foot or 2-meter distance between themselves and another person) and immediately leave the facility through dedicated exit (within 5 minutes). Participants may not remain in facility as spectators or to converse with other facility patrons.
- Water bottles must be washed/sanitized after every use.
- □ It is highly recommended that players will wash gear regularly using hot water.
- Participants are required to put their mask back on, prior to exiting the building.







# Online Screening

# **Online Screening**

- All players & instructors will undergo a COVID-19 pre-screening by filling out an online health questionnaire based on the questionnaire provided by the OHF.
- The Participant Questionnaire will be completed online where it can be and found on the AMHL webpage and under the Heading "COVID-19 Screening Forms". Each team will have their own "specific" set of forms.
- The questionnaire will be required to be completed and submitted no earlier than 12 hours, and no later than 2 hours prior to each session. If it is not completed the Participant will not be allowed to enter the arena!



## **Online Screening - Mobile**





Glancaster structure to be mirrored on AMHL site, currently in development.

# Online Screening – Desktop





Glancaster structure to be mirrored on AMHL site, currently in development.



**Smiles** We want everyone to have fun!

**Skill** Develop hockey and life skills!

Sweat Physical activity

+ **Safe** Follow the rules, stay healthy





FAQ



#### Will masks be required to be worn in arenas?

Yes, Coaches, players and parents are required to follow the bylaw and wear face coverings in facilities prior to on-ice participation.

Coaches and team staff must wear cloth masks where physical distancing is not possible, such as in the dressing room or on the bench. Players/coaches will <u>not</u> be required to wear a mask on the ice.

### What do I do if my child tests positive for COVID-19?

Keep your child home and out of the hockey environment. It is also important to communicate with your physician and public health authority, ensuring you follow the steps identified. Public Health will indicate when you can return to hockey.

### What if a parent/family member tests positive for COVID-19? What protocols do we follow?

If a parent or family member tests positive for COVID-19, the player and their family will need to stay out of the hockey environment. They should contact their physician and public health authority for instructions. The player will need a note from their physician or public health authority to return to play.

#### If someone on my child's team tests positive for COVID-19, will the team be allowed to continue to play hockey?

If someone on your child's team tests positive, public health authority guidelines will determine contact tracing and isolation requirements. It is possible, therefore, that one diagnosis on a team could lead to that team being required to pause hockey activities until the public health authorities determine it is safe to return

#### What if my child is sick but does not have COVID-19?

Keep your child home and out of the hockey environment. The player should follow up with their physician or public health if symptoms persist or worsen and will not be able to return to hockey until they are symptom free for 24 hours or symptoms are improving.





### What should I do if my child is exhibiting signs of COVID-19 but has not been tested?

The player should remain out of the hockey environment and follow the screening tool as indicated by the Ontario Ministry of Health:

https://covid-19.ontario.ca/covid19-cms-assets/2020-10/COVID-19 school and childcare screening tool.pdf

If the player was not well enough to attend school according to the screening checklist then the player should NOT attend their hockey session.

### What if a player, participant or coach feels ill while on the ice?

If a player/participant begins to feel unwell, they are required to advise a coach/senior member of the team or safety person immediately. The individual caring for the unwell player/participant is to immediately perform proper hand hygiene and put on a mask. The unwell individual is then to receive a mask to wear, as well as any persons directly caring for the unwell player/participant and be directed 2 meters or more from others. Parents or adult guardians are to leave the facility immediately with the unwell player/participant (or the individual is to drive themselves home if well enough to drive and properly licensed). If the player/participant is unable to immediately leave the facility, a location they can isolate 2 meters or more from others will be identified and they will remain there until safe transportation has arrived. Cleaning and disinfecting of all equipment and surfaces that may have come into contact with the symptomatic player/participant will be done by the facility staff.

The player/participant should contact public health or their family physician for further direction and will be required to remain out of the hockey environment until given the go ahead to come back by public health or their family physician.

Provided the Rapid Response Plan is followed, there is no need to cancel or post-pone the activity/session in the even an individual becomes sick. Each cohort will be maintaining appropriate tracing records should GBMHA be required to assist public health officials if the sick individual later tests positive for COVID-19.

This resource page is for our membership as we begin our Return to Hockey for the 2020-21 season. It will be continually updated with new information as it becomes available.

### https://www.omha.net/covid-19#2

Please refer to the City of Hamilton's Public Health webpage for further information and details on COVID-19 symptoms, testing and general information.

https://www.hamilton.ca/coronavirus



## AMHL COVID Subcommittee

- Calvin Bulbrook, President
- Ryan Monteath, IP House League Director
- Graham Pascal, Sr House League Director
- Beth Forbes, Secretary

